


Caring For Your Hair Retexturizer-Perm

Please review the following information to become better acquainted with new service. Feel free to contact us with any questions!



 (810) 360-0915

 kbellasalon.com

 455 E. Grand River
Suite #203a
Brighton, MI 48116

Aftercare Instructions:

- Do not wash or wet hair for at least 48 hours, which includes sweat. Dry it immediately if it gets any dampness.
- Do not comb, brush, or pull on hair for the first 24 hours.
- Do not dye or lighten your hair for 2 weeks before and after you get a perm.
- Try not to touch hair with anything including your hands for 48 hours.
- Avoid getting into a pool or hot tub for 7 days.
- Do not use a blow dryer or straightener iron for 48 hours unless you're defusing. Perms do best air dried to cut down on fizz. Diffuse to a certain point, but never to fully dry unless you use lots of product. If you have questions on best products to use we will be happy to help you.
- Use only a wide tooth comb for tangles, do not use a brush. Fingers are best.
- Make sure to moisturize well with product daily to hydrate your perm. We recommend the Insta Fix from Neuma Or the leave on conditioner from Kevin Murphy.



Important Notes!

- *Bleached hair or previously bleached hair should **NOT** be permed!*
- *The average time between perms is 3-4 months with regular trim within that time period depending on the condition of the hair.*

For the most up-to-date version of these instructions, please visit:
kbellasalon.com/downloads

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